



2009 Family Survey Results say...

Child Care Center at
Christ Church
Building a stronger tomorrow
through nurturing today.

We asked and you told us...

We are doing really well with...

Developing good relationships with parents * taking good care of the children * sharing information and wanting to know how the children are doing at home * talking with the parents on a regular basis * disseminating information about the program and classrooms in a language that is easily understood such as mission and philosophy, rules and expectations, drop-off and emergency procedures, and health concerns * invitations to families to participate in program and classroom activities and events * families are comfortable voicing concerns and partnering with teachers on common solutions * creating a curriculum of activities and experiences in which children learn and progress is measured * progress is communicated to families * working well with families on meeting children's individual or special needs * inform families of community events * effective program administration and offer a program that support breastfeeding and other special nutritional needs.

-The ladies are very good about working with my child's schedule. I appreciate them being so accommodating.-Lollipop Parent

I am treated like family-Infant Room Parent

I like the well organized, professional staff.-Gumdrop Parent

Thank you!

The center received feedback from 15 families. Thank you to all of you who took the time to tell us what is on your mind!

Feedback source breakdown is:

20% from the Infant Room

33% from the Gumdrop Room

33% from the Lollipop Room

7% from the Teddy Bear Room

7% from the Tiger Room

We're working on improvements...

Teachers and families can share more information about a child's interests and activities at home to further enrich the school/home connection * families can feel assured that children's and family's information is kept confidential (for more information please see pg. 18 of the Parent Handbook) * Teachers will share a written summary of each child's development with their family at least 2 times per year * Parent-to-parent connections are important and we encourage all parents and Room Parents to introduce themselves and offer supports to each other. Each Room Parent's contact information is posted in the classroom * All families are invited to participate in our quarterly, center-wide potluck dinners as this is great opportunity to meet other families and develop supports * All parents are invited to become involved in planning events, helping with decision making and taking on a leadership role through offering feedback on the annual parent survey and involvement in the Room Parent program, the board committees and/ or membership on the volunteer board of directors.

The teachers are outstanding! - Tiger Parent

Healthy Habits For Your Family

It's back to school time for many of our friends and families! Here are some "Back to School" health and safety tips to help keep you and your family happy and healthy.

You can't beat thorough hand washing for keeping illness at bay. Use liquid soap and warm running water, scrub hands for at least 15 seconds, and use a paper towel (instead of clean hands) to turn off the faucets. Have everyone wash their hands when returning home in the evening in the same way that we ask children to wash their hands as they enter the classrooms each morning.

Sing a song such as "Happy Birthday" or the "ABC song" while lathering hands to ensure that you are spending enough time on hand washing.

For another fun tune see below...

Cover your coughs and sneezes, and teach your children to cover their coughs and sneezes. When tissues are not available to cough or sneeze into, the inside of your elbow can be used to "catch" them. Wash hands after blowing your nose or helping a child wipe theirs, before and after eating, after using the bathroom or changing diapers, after handling pets, after outdoor play, and whenever they are soiled.

Make sure everyone in your family gets regular medical check-ups and is immunized according to New York State Department of Health. It is as important for adults to keep up with their recommended vaccinations as it is for the children. Recent outbreaks of Whooping Cough and Measles have affected unprotected adults across the country.

Remember that getting a good nights' sleep is very important in maintaining a healthy immune system. While most adults require six to eight hours of sleep each night, young children need between 12 and 15 hours of sleep in each 24 hour period. You can help your child get a better nights rest by setting a specific bed time and sticking to it, avoiding heavy snacks and caffeinated beverages after dinner, and creating a bedtime routine that makes the "getting ready for bed" process more relaxing and rewarding for everyone.

Parents frequently put their children's needs before their own, leaving themselves at risk for illness. Be kind to your self by eating nutritious meals and snacks, getting plenty of exercise, and taking time out to meet you own needs!

For more information about the Centers health policy please refer to your copy of the "Keeping us all safe" section of the Parent Handbook (page 11).



Hand Washing Song

This is the way we wash our hands,
Wash our hands,
Wash our hands,
This is the way we wash our hands
Before (or After) we _____!
(eat our lunch)
(play in paint)
(come inside)